

# WHAT DO YOU NEED TO STAY IN YOUR OWN HOME AND REMAIN INDEPENDENT?

PLACE  
STAMP  
HERE

## **INDEPENDENCE AT HOME**

serves all populations: Seniors, adults experiencing disabilities or families with a child with special needs.

The individuals we serve live in their own homes, with family members, in assisted living or other facility arrangements.

**Examples of Services we offer include:**

- **In Home Supportive Services**
- **Personal Assistance Services**
- **Surrogate Services**
- **Companionship Services**
- **Respite Services**

*INDEPENDENCE AT HOME is part of Independence Rising, a mid-Nebraska agency designated by the U.S. Department of Health and Human Services as one of Nebraska's Centers for Independent Living.*



**Independence at Home**

3208 College Street, Grand Island, NE 68803

 **Independence**  
*Your life—your decisions”* **AT HOME**



## IN-HOME SERVICES WHEN AND HOW YOU NEED THEM

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It's not easy having someone help carry out your most personal needs or having strangers come into your house. That's why with **INDEPENDENCE AT HOME** you are part of a team where we work with you as a partner.

**INDEPENDENCE AT HOME** trained personnel help you meet your needs at home. You maintain control of the personal decisions that impact your life. You make the decisions, you make the choices!

When you choose **INDEPENDENCE AT HOME** you have the last word in how your services are provided. We fit into **your** schedule.

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**INDEPENDENCE AT HOME** also provides **SURROGATE FAMILY SERVICES** to be there with a loved one when relatives can't be. We support family members by serving as their surrogates in many situations: visiting loved ones living in facilities or in their homes, waiting with a loved one during and after surgery or medical procedures, helping record the advice of doctors or other medical personnel during visits and exams, accompanying individuals to community events or worship services – **as well as other requests specific to your unique needs.**

### QUALITY SERVICES YOU CAN DEPEND ON

Caregivers recruited through **INDEPENDENCE AT HOME** are reviewed and certified by the Nebraska Department of Labor as free of criminal records.

## SUPPORT SERVICES

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### IN HOME SUPPORTIVE SERVICES

- General Household Tasks, Cleaning, Laundry, Vacuuming, Pet Care
- Meal Preparation, Serving and Cleanup
- Bill Paying, Shopping & Completion of Errands

### PERSONAL ASSISTANCE SERVICES

- Grooming & Personal Hygiene\*
- Health Maintenance Activities, including medication management, syringe filling and injections\*

### SURROGATE CARE SERVICES

- Visit loved ones in nursing facilities
- Support in non-life threatening medical situations

**“We're with your loved one when you can't be”**

### COMPANIONSHIP SERVICES

- In-Home visits to fill the need for social companionship
- Accompany you or loved ones to community activities, social events and outings

### RESPIRE SERVICES

- Provide a break for family caregivers

## FUNDING

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Individuals pay privately or through Medicaid waiver funding. **Medicaid regulations will not pay for all services listed.** Since we offer services through different funding, we will give individuals the options that are covered by their payment sources.

**Independence At Home is an approved  
\*Medicaid waiver provider.**

## Why We Do This

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We believe that mid-Nebraskan residents with in-home services or personal care needs are valued within their communities, have control over their own lives and have available the resources necessary to experience a life of quality.

We value the contributions of the individual needing services and the individuals providing services. We respect privacy, time and commitments. Our services are built on mutual respect and quality.

## CONTACT US

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Visit us on the web:  
[www.independenceathome.info](http://www.independenceathome.info)